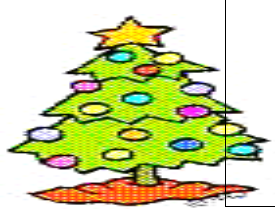
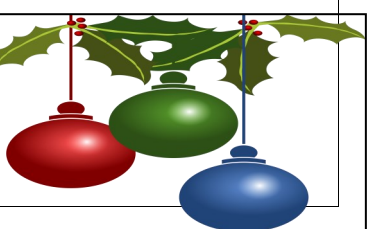


Sunday Monday Tuesday Wednesday Thursday Friday Saturday


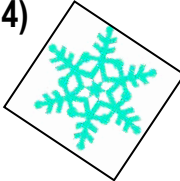
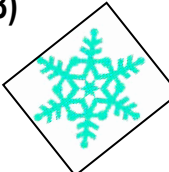





Memory Care
December 2021

Activity calendar subject to change



Memory Care Staff.... Activities listed in **BLACK & BOLD** means activities are held **OUTSIDE THE UNIT...** Residents should be prepared to leave the unit & go upstairs.

			<p>1) Terry off Weds 10:30a Yoga (C) 1:30p Exercise (T) 2:30p Craft - Make a Christmas stocking C</p>	<p>2) 10:30a Balloon Volley T 2p Movie Matinee C</p> 	<p>3) 10:30a Kickball (T) 1:30p Exercise (C) 2:45p Welcome Social w/ Ray & Jeff (C&T)</p>	<p>4)</p> 
<p>5) 10:30a Communion 2p Topsail Presbyterian Church</p>	<p>6) 10:30a Basketball T 1:30p Exercise (T) 2:30p Spelling Bee (V)</p>	<p>7) Pearl Harbor Day 10:30a Bus ride! (T) 2p Cookie Decorating n chat (T)</p>	<p>8) 10:30a Ladder Toss C 1:30p Exercise (C) 2:30p Making a Christmas word (V)</p>	<p>9) 10:30a Sit n Stretch (C) 2:00p Movie Matinee with popcorn (T)</p>	<p>10) Terry Off 10:30a Xmas rivia (T) 1:30p Exercise (T) 2:45p Friday Social w/Scotti Stringz!</p>	<p>11) 11am Music w/ Tom Sharpe <i>(Vicki M.O.D)</i></p>
<p>12) 10:30a Communion <i>(Vicki M.O.D.)</i></p>	<p>13) Cyndi Here 10:30a Bowling (T) 1:30p Exercise (T) 2:30p Xmas Bingo (1/2 hour)</p>	<p>14) 11:15a Musical Zumba (INSTRUCTOR) (T) 2:00p Bus ride (C)</p>	<p>15) 10:30a Yoga (INSTRUCTOR) (C) 1:30p Exercise (V) 2:30p Christmas craft C</p>	<p>16) 10:30a Dance n Stretch (T) 2p Movie Matinee (C) 6:15p Xmas Lights Outing! (TENTATIVE)</p>	<p>17) Cyndi Off 10:30a Baseball (T) 1:30p Exercise (T) 2:45p Friday Social w/ Dusty</p>	<p>18)</p> 
<p>19) 10:30a Communion</p> 	<p>20) 10:30a Balloon Volley (T) 1:30p Exercise (T) 2:30p Make Choco Santa Hats! (V)</p>	<p>21) Winter Begins! 10:30a Bus ride! (T) 2:00p Christmas Carolers Perform! C,T,D</p> 	<p>22) 10:30a Kickball 1:30p Exercise (C) 2:30p Christmas Memories (Twas the Night Before Christmas...)</p>	<p>23 Vicki M.O.D Off 10:30a Basketball (C) 2:00p Movie Matinee with popcorn (T)</p>	<p>24) Xmas Eve 10:30a Kickball (T) 2pm Xmas Party w/ Mike Yeley (C&T) <i>Vicki Off</i></p>	<p>25) Merry Christmas! 12p Xmas Lunch</p> 
<p>26) 10:30a Communion</p>	<p>27) Vicki Off 10:30a Ladder Toss (T) 1:30p Exercise (T) 2:30p Time Slips C</p>	<p>28) 11:15a Musical Zumba (INSTRUCTOR) (T) 2:0p New Years Bingo! (C)</p>	<p>29) 10:30a Yoga (INSTRUCTOR) (T) 1:30p Exercise (T) 2:30p Marshmallow Snowman Craft (C)</p>	<p>30) 10:30a Bowling (C) 2:00p Movie Matinee with popcorn (T) 6:30p Jerry Powell Sings</p>	<p>31) 10:30a Buck Stop 1:30p Exercise 2:45p "Noon" Years Eve Party w/ Duke Ladd</p>	<p>C— Cyndi T— Terry V— Vicki</p>

Santa's Cookies
Snack Times
available to residents

