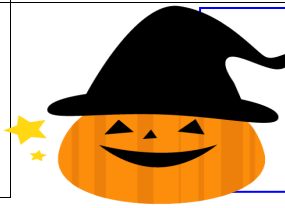

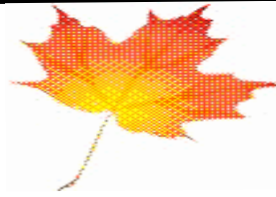








Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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Memory Care October 2021



	Activity Calendar Subject to Change	Snacks Available 10a, 3:30p, 7pm 			1) Vicki Off 10:45a Kickball (T) 1:30p Exercise (T) 2:45p Ice Cream Social/Piano Rm T&C	2) Family Visits 
3) 2pm Topsail Presbyterian Church Service (Please come MC!)	4) Vicki Off 10:45a Basketball T 1:30p Exercise (T) 2:30p Word Games <i>Cindy Here</i>	5) 11:15a Musical Zumba (INSTRUCTOR) (C) 2:00p Movie Matinee n popcorn (T) 	6) 10:30a Yoga (INSTRUCTOR) (C) 1:30p Oreo Balls! (C)	7) 10:45a Ladder Toss (C) 2:30p Baseball (T)	8) 10:45a Make a Word T 1:30p Exercise (T) 2:45p Oktoberfest Party! Piano Rm V	9) 
10) Family & Visitors	11) 10:45a Pumpkin Roll n Chat (T) 1:30p Exercise (T) 2:30p Make a Word	12)  12pm Pizza Party! In Memory Care 2p Movie Matinee & Popcorn	13) 10:45a Spooky Rat Racing (C) 1:30p Exercise (C) 2:30p Musical Bingo	14) 10:45a Dance & Stretch (C) 2:30p Haunted Scavenger Hunt (T)	15) PIRATE DAY! No AM Activity 1:30p Exercise (C) 2:45p Social w/ Dusty (C)	16)
17) 2pm Peace Baptist Church Service (Please bring MC)	18) 10:45a Bowling (T) 1:30p Exercise (T) 2:30p Halloween Craft (V)	19) 10:30a Musical Zumba (INSTRUCTOR) (C) 2p Movie Matinee with popcorn (T)	20) 10:30a Yoga (INSTRUCTOR)(C) 1:30p Exercise C	21) 10:45a Noodle Balloon(T) 2:30p Decorate your own pumpkin (C&T)	22) 10:45a Ghost Story (T) 1:30p Exercise (C) 2:45p Social & Music with Ray and Jeff	23) 
24) 	25) 10:45a Ladder Toss (C) 1:30p Exercise (T)	26) 10:30a **Spa Day** (T) 2:00p Movie Matinee with popcorn (C)	27) 10:45a Kickball (C) 1:30p Exercise C	28) 10:45a Boo Bowling (T) 2:30p Halloween Trivia & Treats (T & C)	29) 10:30a BUCK STOP 1:30p Exercise (T) 2:45p Halloween Costume Contest! (C,T&V)	30) 11:00a Music w/ Tom Sharpe IN MEMORY CARE



MEMORY CARE & ACTIVITY STAFF...
ACTIVITIES LISTED IN BLACK & BOLD ARE HELD OUTSIDE THE UNIT IN THE GENERAL POPULATION. Please bring residents to the outside activities....—Thank you, Activity Dept.