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HURRICANE PREPARATION AND UPDATE

As of today, Wednesday 8/24, we are watching the movement of Hurricane Irene and making preparations to ensure the safe protection of our residents. Like everyone, we are hopeful that the hurricane will move offshore and not impact us but we know that the path is uncertain.

After much discussion with county and state officials through the years it has been determined that our best option is to remain in place for a hurricane less than a category 5. The construction of our buildings, hurricane shutters, full generator power, ample supplies of food and water, plus dedicated employees makes The Davis Community one of safest places in Wilmington.

If you choose to take your loved one home prior to the potential hurricane strike, please let us know as soon as possible as we will be utilizing every space within our facilities. We expect to serve as shelter for some of our Plantation Village neighbors as well as a safe haven for our employees, their families and a few family members of residents who are not able to stay in their own homes. Please check our website beginning Thursday for additional updates and we will also use this newsletter format for breaking news.

Thank you.

July 2011 E-Newsletter



AERIAL VIEW - MAY 2011

Today and Tomorrow - Our Future



HOUSEHOLD MODEL ARCHITECTURAL DRAWING - ESTIMATED COMPLETION 2015

In This Issue

Join Our List

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Housekeeping Reminders

Summer Visitors - the unwelcome kind!

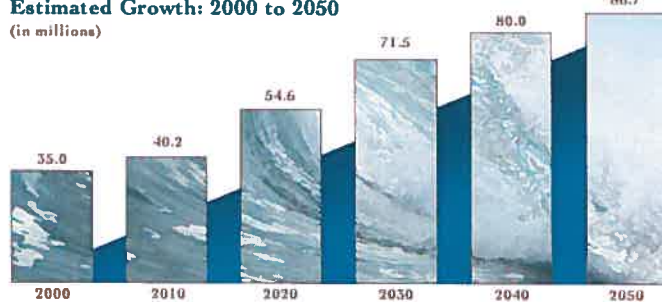
We love to see family members and friends bring a special treat from home for our residents. Please remember that all loose candy, cookies or other food items must be placed in storage containers with **tight fitting lids**. Your vigilance will help us

Hello Family Members and Friends of The Davis Community,

The pictures of the campus shown above are a reminder of how far we have come since opening in 1966. We are always preparing for future needs and judging from the estimated growth of the senior population in the next twenty years, our entire country will be facing unique challenges in serving aging seniors.

In December we begin building two houses between Champions Assisted Living and The Health Care Center. These two

Population Age 65 and Over
Estimated Growth: 2000 to 2050
 (in millions)



Note: the reference population for these details is in the resident population. Sources: 2000, US Census Bureau, 2001, table PCT11; 2010 to 2050, US Census Bureau, 2004

households will initially be used as transitional housing during The Health Care Center's extensive renovation. As each wing is renovated the residents of that wing will move into these homes until their wing is ready for occupancy. The two new houses will provide residents with a preview of what their homes will be like when they return to their renovated neighborhood making the transition even smoother. Bruce Bowman of BMH Architects is closely working with us during each step of the household transformation process so that his designs reflect our homelike culture and appearance. We'll keep you updated on our progress and welcome your comments and participation. Be sure to read the separate article on our first two-day training with Action Pact.



The photograph on the left was taken at the Health Care Center's annual

keep our entire environment free of pests.

Tile Wall Additions Installed



New Memorial and Honor tiles have been placed in the East 1 Courtyard. Stop by to see the tiles and see how the scene is being constructed in mosaic style. Tiles are placed for a one-time or cumulative tax deductible donation of \$1000 or greater.

Clowning Around



A special thanks to Evangeline Williams, also known as The Good News Clown, for visiting our residents and bringing laughter to all. This King George VA resident has spent more than 20 years providing her special ministry of joy to old and young alike. Her visit to The Davis Community lightened

Wedding Remembrance Day, a much anticipated activity that reminds our residents, staff and guests of the vows spoken at countless weddings throughout the years. In the past we have featured Hawaiian, Greek, Asian and Hispanic weddings but this year, a traditional Southern wedding was the theme. Administrator Angie Barr was selected as the bride with me as the groom. We had a wonderful time visiting with our residents and asking about their own weddings. Our recreation and activities departments are always so creative with their events and this occasion was a memorable event for everyone involved. In a way this event was a metaphor of the blending of our families and the promises we make to each other. We looking forward to having you a part of our Davis family for years to come.

Charles Long, CEO

Action Pact Visits Campus

Two consultants with Action Pact, the company helping us with the household model conversion, spent two days on campus at the end of July. A 25-person Steering Team (designed to bring the opinions of staff, residents and family members to the discussion) met both days to provide a non-traditional way to examine, discuss, think through and plan for the move to a resident-centered/resident directed model of care. The Steering Team will be responsible for examining the current environment and future considerations, determining the design implications, assessing current knowledge and skills, planning a process for growth, and other tasks to make the process successful.

Four Action Teams were formed at these first meetings, but there are sure to be more teams developed. The Steering Team provides the framework but the real change and education will come from the Action Teams as they implement their priorities.

We encourage employees, residents, family members and friends of The Davis Community to be involved in the Action Teams. If you are interested in helping make the conversion of the household model flow smoothly, please read the linked descriptions and sign up for a Team. The more participation, the better the outcomes.

- Communication & High Involvement Action Team
 - Transportation Action Team
 - Education Action Team
 - Transportation Action Team

the hearts and spirits of those in her presence.

Thank you, Cherita Puryear, of our Human Resources Dept. for making this visit possible.

Downsizing? Grand Piano Needed



The years have not been kind to the grand piano at The Health Care Center. We are in great need of a new piano for the Solarium which we hope to outfit with a digital player so that residents can hear music even when there is no guest performer.

If you have a gently used, good quality piano (preferably a grand piano) you would like to donate, please contact Ruth Finch at extension 3025. The donation is tax deductible.

Consider Creating a Photo Book for Your Loved One

For detailed descriptions of the teams and information on how to sign up, click on this link. [ACTION TEAM DESCRIPTIONS](#)

Focus on Volunteering



Jane Broder

You have probably seen Jane Broder's face in the Champions commercial but this 81-year-old bundle of energy is not a Davis resident. She is an active volunteer in the community and has been helping us at The Davis Community for 21 years. She has filled many roles, from walking with residents, helping residents get to activities, sharing coffee hour, writing letters and reading aloud.

Originally from Goldsboro, NC Jane lived in NYC for 40 years where she worked in a large law firm and raised her family. When she moved to

Wilmington to retire (a poor choice of words for her status!) she began to explore her lifelong love of cooking and became a personal chef.

She has always loved travel and just returned from a trip to Paris, one of her favorite cities. Jane has not only been a volunteer, she has been a client in our outpatient aquatic therapy. Six months ago she was knocked down by a car and had to undergo months of rehab. "I didn't want to go swimming in the winter but when I got in the warm salt water pool with Teresa, I knew it would help me." Jane has continued swimming in her community pool every morning, goes to the gym three days a week and practices yoga on her own and in formal classes. She is also back to her other volunteer efforts as a docent for the Cameron Art Museum, cook for the Good Shepherd House and volunteer for the Church of the Servant.

"My physical therapist said that had I not been in such good shape from Yoga the accident would have broken every bone in my body," she quips.

What keeps her going? She answers, "I cannot quit. I want to spend as much time as possible with family and friends, doing yoga and volunteering." There is a lesson to be learned for all of us.

Thank you, Jane, for more than 20 years of service to our residents.

West 2 Project Highlighted by Eagle Scout Contribution



With digital photography, making a hardback picture book is easy way to compile your beloved photos. Patti Adams, Executive Assistant to Charles Long, recently made a photobook for her mother's 90th birthday. She included photos of her siblings and their children showing special moments in their lives. Her mother was overjoyed with the result and said, "I knew I had all of these photos somewhere but it is so nice to have them in one place."

Shutterfly, Snapfish, Costco, Walgreens and other companies offer this service. For more information on how to get started to make a photo book, contact Julie Rehder at extension 2140.

TOBACCO FREE ZONE

After a year of planning, October 1 will be the day our campus is officially a Tobacco Free Zone.



Over the past two years, new additions have been made to our West Two Wing thanks to a grant from the State's Long Term Care Enhancement Committee. Life skills areas, an aquarium, hand painted room identifiers, activity kits, and Cassie the cat were purchased with grant funds. The final piece came about through an Eagle Scout project completed by 18-year-old Adam Golonka. The wall-mounted display provides residents with a self-guided activity including a board with nine different locked panels revealing familiar pictures, a family unit that includes hair that can be braided and other familiar tasks, and a track where a wooden car and airplane can be driven through the maze without leaving the display. Adam's efforts will be enjoyed by our residents and bring a fun new activity for all to share. This is one of several Eagle Scout projects on campus. We appreciate the young members of our community that provide services to our residents.



Morrison Senior Services Improves the Dining Experience

Many of us have fond memories of going to Morrison's Cafeteria as children. Maybe after church, or when special guests came to visit.



The entire family would dress up, stand in the line for the buffet - all the while peeking over the railing to see what we might choose when we got to the front of the line. Customer service, fresh ingredients, and welcoming smiles were the trademark of Morrison's back then. And that has not changed. Morrison has grown a great deal from back in those days (they even changed the name by dropping the apostrophe before the "s" but the tenets of their organization remain the same. Morrison began its partnership with The Health Care Center at Davis Community on August 1 and they promise to bring fresher ingredients, improved customer service, and maybe even a few of the old recipes, along with healthier menu items too.

But this is not your grandparents' Morrison! Morrison moved from Cafeterias to Dining Service Management completely in 1996. They now focus solely on Healthcare and Senior Dining. They bring with their programs themed meals, social engagement, chef demonstrations or carvings, and even special event meals for

No employees or visitors will be allowed to use any tobacco products on campus. Only residents who currently smoke will be allowed to continue smoking. No new long term residents will be accepted if they use tobacco products.

We realize this transition may have its challenges but employees have been given assistance in achieving tobacco-free status.

Calling All Artists



We are looking for residents and employees interested in helping us design a holiday card for 2011. Painted, sketched, photographed, collage or any other medium is welcomed. The winner will have their image on The Davis Community's holiday this year, which is distributed to 600 people. A \$50 cash prize will be given to the winner. Deadline for submissions is September 30. For more details, contact Diane Blake or Julie

residents and their loved ones. They have a strong commitment to wellness and nutrition, along with an understanding of how important comfort foods are here in the south! So don't be surprised if you begin to see some changes in menu and choice. But don't worry - they have a commitment to creating a program that fits the wants and needs of us right here at The Davis Community.

We are fortunate that the interim Dining Services Director sent by Morrison, Rick Childs, has decided that The Health Care Center is a great place to work so Rick will be leading the dining transformation. Rick comes to us from The Forest at Duke and has a wonderful philosophy regarding the dining experience. He sees every meal as an opportunity to put a smile on the faces of our residents.

Health Care Center employees are also reaping the benefit of the Morrison philosophy. Fresh salads, baked items versus fried, tasty fresh vegetables are all new favorites. It will be a few months before an Executive Chef is in place but the subtle changes made under Rick's direction are already making mealtime a highlight of the day.

Let us know what you think about the new dining experience.



Health Care Center Reaches 5-Star Rating

The Centers for Medicare and Medicaid Services recently awarded Davis Health Care Center a five star overall quality rating. The star-rating system was put in place to help families make informed decisions on Nursing Home care and gives star indicators in five areas - Overall Quality, Health Inspection, Quality Measures, Staffing and RN Staffing. At this time, our Health Care Center is the only five-star rated nursing home in Wilmington.

We are proud of this designation but we would not have it without the dedication and quality professionalism of our employees. Thank employees when you see them for providing exemplary care.

**SAVE THE DATE - OCTOBER 1, 4-6 PM
WILMINGTON BIG BAND TO ENTERTAIN AT
FAMILY DAY EVENT**

A crisp fall afternoon, picnics on the lawn, and big band music. What a perfect combination for a family event at The Davis Community. All the details will be forthcoming but we thought we would go ahead and

Rehder.

Champions Assisted Living Updates

Social Worker, Doreen Tartamella reports that quarterly family nights will continue to be held with the next one to be scheduled in the fall. 26 family members attended the last session hearing suggestions from guest speaker Martin Case on ways to enhance cognitive maintenance.

Genesis Rehabilitation Services, our therapy partners, spent two days filming resident activities in the Memory Care unit.

These sessions included interactions with residents and staff to help provide examples for dementia training classes. Family members provided permission for the taping due to the educational focus of the activity.

Champions welcomes RN Sheri Hill to the position of weekend nursing manager. Sheri had been the Nurse Educator at The Health Care Center but is continuing her education and needed a more flexible schedule. We are thrilled that she is still a part of The Davis family.

Pending the path of Hurricane Irene, a

announce the date and time of this family oriented event. Families of residents and employees can bring lawn chairs and picnics and we will provide the venue and the music. Traffic will be coordinated by the Maintenance Department with golf cart shuttles available.

The Wilmington Big Band is an eighteen-piece band that plays music familiar to all of our residents. Wellness Center members and Plantation Village residents are welcome to attend. Watch for flyers and plan your special fall picnic favorites.

Champions Activities Bring Smiles to All

How do you plan activities for 140 people? The answer is with great attention to FUN! On Tuesday, August 16th, 2011, Champions Assisted Living's Red Hat Chapter known as the "Happy Hatters", partnered with its sister chapter, "The Rootie Kazooties" of Hampstead, in hosting a Red Hat Tea for area chapters in the community.

Members from four other chapters in and around Wilmington attended the event. Visiting chapters were the "Not-So-Prim-Roses" and "The Red Hots" of Sneads Ferry, the "Regal Damsels" of Burgaw, and the "Ravishing Red Hat Ladies" of Wilmington.

Members attended the event in fine red hat regalia, red & purple outfits accented with lots of sparkle and bling! Kazoos, the signature musical instrument of the Red Hat Society, were given to all Happy Hatters attendees. Guests dined on a wonderful spread of culinary delights and refreshments while games were played and gifts were given to all visiting queens. Members also signed up for a "Secret Pen Pal" project, where they will adopt one of Champions Happy Hatters and send cards to each of them for special occasions throughout the year. At the end of the year, a special event will take place at Champions, where Champions Happy Hatters secret pen-pals will be revealed.



By Vicki Hardiman

group of Champions residents will participate in Lumina Daze at Wrightsville Beach on Sunday, August 28. This fundraiser benefits the Wrightsville Beach Museum and features big band music, Dixieland music and the music of the 1950's and 60's. We love our new bus because many more residents can attend community events.

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