



## *Seniors Pursuing Active Living®*

Dear New Member,

On behalf of the entire Davis Community I would like to say welcome! We are genuinely excited to have you here and to assist you on your journey to personal health and wellness. We offer a variety of health and wellness programs and encourage you to take advantage of all of them. I am confident that through our passionate and well educated staff your experience here will be one of quality and most importantly, it will be fun! The Wellness Center will utilize a SPA® (Seniors Pursuing Active) Living program which operates on the concept that total wellness involves our every thought, conversation, and behavior, and in return we are affected physically, emotionally, and spiritually.

Congratulations on your decision to commit to pursuing an active and healthy lifestyle. If you ever have any questions, concerns, or comments please feel free to ask one of our friendly and knowledgeable staff members. Here at The Davis Community we build relationships that last a lifetime and look forward to traveling down that path with you.

Sincerely,  
Joseph Rouse  
Wellness Coordinator  
Wellness Center at The Davis Community

